



nay
GRANFONDO
BRATISLAVA

6. 8. 2023

RACEBOOK



NAY GRAN FONDO BRATISLAVA 2023

We are happy to see many of you again after a year at the start of the NAY Gran fondo Bratislava 2023. We would like to thank you for being part of this cycling race in the Bratislava region! In this RACE BOOK, we will provide you with everything essential for a successful and relaxed race.

TIMETABLE

SATURDAY 5th AUGUST 2023

14:00 - 19:00

presentation and registration of competitors in Bory Mall at the north entrance from the side of the hospital inside the shopping center.

It is necessary to come to the presentation exclusively in person and confirm the receipt of the starter package with your signature.



SUNDAY 6th AUGUST 2023

07:30 - 09:30 - presentation and registration of competitors in Bory Mall at the north entrance from the side of the hospital - outside.

It is **necessary to come to the presentation exclusively in person and confirm the receipt of the starter package with your signature.** Entry to OC Bory Mall with a bicycle is prohibited.

09:30 - 10:00 - opening of the event and starting corridor, ceremonial and organizational speeches.

All cyclists line up in the corridor, regardless of track and category.

The VIP corridor will be reserved in the front part behind the escort vehicles from the NAY inflatable arch

10:00 - ceremonial start of the race - NAY Gran Fondo and SEGUM Medio Fondo

10:15 - children's race and award ceremony

12:15 - 15:00 - arrival of competitors at the finish line from the Segum medio fondo and NAY Gran fondo tracks

15:00 - 15:45 - announcement of results and decoration of the winners, raffle draw

16:00 - end of the program



NAY GRAN FONDO MAP



NAY GRAN FONDO BRATISLAVA (130 km)

ROUTE

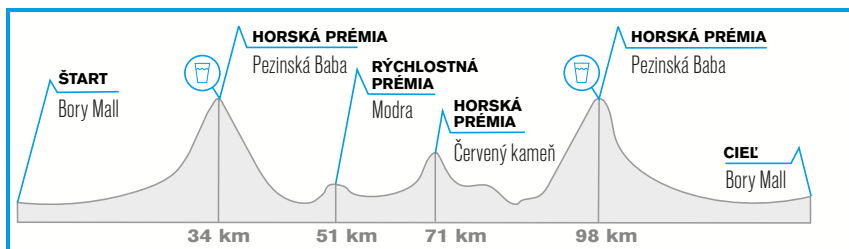
Start Bory Mall - Stupava - Lozorno - Jablonové - Pernek - sedlo Pezinská Baba - Vinosady - Modra - Budmerice - Štefanová - Častá - hrad Červený kameň - Pila - Dubová - Modra - Vinosady - Pezinok - sedlo Pezinská Baba - Pernek - Jablonové - Lozorno - Stupava - destination Bory Mall

!!! WARNING!!!

Due to the ongoing reconstruction of the road in Lozorno, the entire section through the village of Lozorno will be neutralized in both directions!

In order to prevent accidents, harm to health and the destruction of bicycles, the section in the village of Lozorno will be neutralized and the speed will be limited to 30 km/h! In the event of any entry or attempt to break away from the group in this section of the race, the competitor may be given a time penalty or may even be disqualified if the maneuver is judged to be dangerous.

TRACK PROFILE

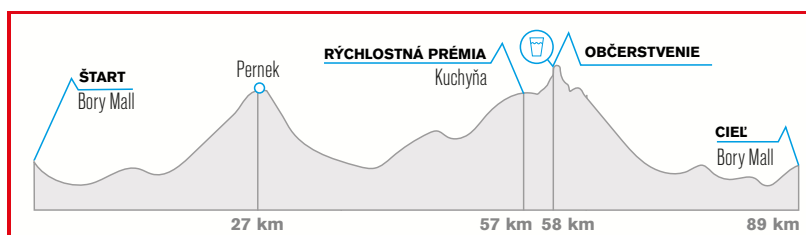


SEGUM MEDIUM FONDO (89 km)

ROUTE

Start Bory Mall - Stupava - Lozorno - Jablonové - Pernek - Malacky - Rohožník - Kuchyňa - Pernek - Jablonové - Lozorno - Stupava - destination Bory Mall

TRACK PROFILE



MAPS FOR DOWNLOAD

NAY Gran fondo:

<https://www.strava.com/routes/3111936214601417412>

Segum Medio Fondo:

<https://www.strava.com/routes/3111937226747842244>



NAY GRAN FONDO TIMETABLE

km	miesto	32 km/h	34 km/h	36 km/h	40 km/h	záver pretekov
0	Bory Mall	10:00	10:00	10:00	0:00	
3	ostrý štart pretekov	10:07	10:07	10:07	10:07	
11	Stupava Centrum	10:21	10:20	10:18	10:17	
16	odbočka na Lozorno	10:30	10:29	10:27	10:24	
17	Lozorno centrum	10:32	10:30	10:28	10:25	10:40
22	Jablonové centrum	10:41	10:39	10:37	10:33	
26	Pernek križovatka	10:49	10:46	10:43	10:39	10:54
33	Pezinská Baba (HP)	11:02	10:59	10:55	10:50	
45	odbočka na Modru pod Babou	11:24	11:20	11:15	11:08	
46	Vínosady centrum	11:26	11:22	11:17	11:09	
50	Modra centrum	11:34	11:29	11:23	11:15	11:30
54	Odbočka na Budmerice	11:41	11:36	11:30	11:21	
61	Budmerice	11:54	11:49	11:42	11:32	
64	Štefanová	12:00	11:54	11:47	11:36	
69	Častá napojenie	12:06	12:00	11:52	11:41	
72	HP Červený kameň	12:11	12:05	11:57	11:45	12:00
78	Dubová	12:23	12:16	12:07	11:54	
83	Modra centrum	12:32	12:25	12:15	12:02	
87	Vínosady centrum	12:39	12:32	12:22	12:08	
98	Pezinská Baba (HP)	13:00	12:51	12:40	12:28	12:43
106	Pernek križovatka	13:15	13:06	12:53	12:36	
110	Jablonové centrum	13:23	13:13	13:00	12:42	
115	Lozorno centrum	13:32	13:22	13:08	12:50	
116	Lozorno križovatka na Stupavu	13:34	13:24	13:10	12:51	
122	Stupava centrum	13:45	13:34	13:20	13:00	13:15
130	Kruhový objazd pri Hornbach	14:00	13:49	13:33	13:12	
132	cieľ Bory mall	14:04	13:52	13:37	13:14	13:29

SEGUM MEDIO FONDO TIMETABLE

km	miesto	32 km/h	34 km/h	36 km/h	40 km/h	záver pretekov
0	Bory Mall	10:00	10:00	10:00	10:00	
3	ostrý štart pretekov	10:07	10:07	10:07	10:07	
11	Stupava centrum	10:21	10:20	10:18	10:17	
17	odbočka Lozorno	10:32	10:30	10:28	10:24	
18	Lozorno centrum	10:34	10:32	10:30	10:25	10:40
23	Jablonové centrum	10:43	10:41	10:38	10:33	
27	Pernek križovatka	10:51	10:48	10:45	10:39	10:54
38	Malacky vjazd - kruhový objazd	11:11	11:08	11:03	10:57	
39	Malacky centrum	11:13	11:10	11:05	10:59	
51	Rohožník centrum	11:36	11:31	11:25	11:17	
57	Kuchyňa - rýchlostná prémia	11:47	11:42	11:35	11:26	11:41
61	Pernek vjazd	11:54	11:49	11:42	11:32	
62	Pernek rázcestie	11:56	11:51	11:43	11:33	11:48
66	Jablonové centrum	12:04	11:58	11:50	11:39	
71	Lozorno centrum	12:13	12:07	11:58	11:47	
72	Lozorno križovatka	12:15	12:09	12:00	11:48	
78	Stupava centrum	12:26	12:19	12:10	11:57	12:12
87	Metro veľkoobchod - kruhový objazd	12:43	12:35	12:25	12:11	
89	Cieľ - Bory Mall	12:47	12:39	12:28	12:14	12:29



DRIVING RULES DURING THE NAY GRAN FONDO

The race takes place in full traffic, which is regulated by the organizers, referees and the police. Competitors are obliged to follow the instructions of the police and organizers.

You may only drive in the right lane in the direction of traffic. The same applies to driving through roundabouts and intersections. Unreasonable driving in the opposite direction will be punished by exclusion from the race!

Both the competition peloton and the convoy will be accompanied in front by the police, who will continuously guide the traffic in the direction of the race for a maximum period of time. 15 minutes from the first competitor.

Real start of the race is after 3 kilometers from the ceremonial start on road 505 in the direction of Volkswagen. It will be announced by blowing the horn of the race director's car without stopping the peloton. From the ceremonial start to the real start, the peloton and the convoy will move at max. speed of 25 km/h. Do not push yourself unnecessarily after the start on roundabouts. You will have plenty of time to line up on the wide 505 road before the sharp start.

Competitors are divided at the intersection in Pernek village . SEGUM Medio fondo turns left, NAY Gran fondo turns right towards Pezinská Baba mountain pass.

The return to the destination in Bory mall is on a closed bike path that starts behind the METRO store. You join the normal road at the Decathlon store, from where you continue to your destination along the road in the right lane!

Starting without a helmet and starting number is prohibited! All participants are competing at they own risk and responsibility.

The start is allowed only on bicycles with road handlebars, which have a maximum tire width of 35 mm. You can also participate on gravel bikes. However, we recommend replacing the tires with "smooth" ones in order to minimize their resistance. On other types of bicycles (time trial, triathlon, mountain or trekking bike), the competitor will be excluded from the race and must hand over the starting number to the jury.

During the race, it is possible to throw out garbage only in the area of the refreshment stations.

The race convoy is composed as follows:

police vehicle/motorcycles - race director/jury - main group of cyclists - jury 2 - neutral mechanical vehicle - car marking the end of the race - ambulance - police vehicle

Escort motorcycles will also move in the convoy, which help regulate traffic at intersections and thus ensure the safest possible passage.

Riding outside the peloton and convoy

The vehicle marking the end of the race will keep a distance of approx. 15 minutes from the first competitor. **All competitors who are overtaken by a vehicle marked END OF THE RACE are obliged to respect the rules of the road and follow them! For example, when connecting from a side road to the main road, they must give priority in driving, etc.** They must also keep to the right side of the road. When riding in a group of more than 6 cyclists, two cyclists can ride side by side as per the road traffic rules.



Marking of the track and dangerous sections:

Both tracks will be marked with **vertical curved signs with arrows** and also with **prominent yellow horizontal markings on the road**.

Places that require increased caution will be marked with a table with “!!!”.

Sections with increased caution:

- 1) **roundabouts in the Bory mall zone**
- 2) **the village of Lozorno!**
- 3) **divide of tracks in the village of Pernek**
- 4) **descent from Pezinská Baba and Červené kamený**
- 5) **passing through the city of Modra**
- 6) **passing through the city of Stupava**
- 7) **approach to the cycle path in the Bory zone, be careful, the path narrows to approx. 3m!**

Sprinter (RP) and Mountain Bonuses (HP):

They will be marked with a distance of 500 - 300 - 100 m, then the place of the bonus will be marked on the road with a line and on the roadside with the beach flag of the “premium partner”.

The mountain bonus is on the NAY GRAN FONDO track 2x: on the Pezinská baba saddle and the Červený kamen castle.

The sprinter bonus is on the NAY GRAN FONDO track in Modra near the upper gate at the upper end of Štúrová street. On the SEGUM Medio fondo track, there is a sprinter bonus on the sign indicating the village of Kuchyňa at the entrance from Rohožník.

If the competitor has a poorly visible or covered number on the jersey, he/she will not be classified in the bonus competitions!

The first eight competitors (especially men and especially women) regardless of age category in each premium are scored with points 10-8-6-5-4-3-2-1. The competitor who collects the most points (separately men and women) wins. In the sprint bonus, only the first man and woman are evaluated.

In case of the same number of points, the better position at the finish line will be decisive.

Refreshments on the route

The NAY GRAN FONDO route (132 km) has two refreshment stations. The first is on the right side of the Pezinská Baba mountain pass, the second one will be approx. 1 km before the top of the climb in the parking lot below the Pezinská Baba saddle in the direction of Pezinok. **The refreshment station will be available until 14:00.**

The SEGUM MEDIO FONDO track has a refreshment station at the exit from the Kuchyňa village on the right side of the road near the cemetery. **The refreshment station will be available until 12:30.**

In addition to drinks, Aone nutrition bars, fruit, sweet and salty treats will be prepared at the refreshment stations.

Bottles with the ion drink Aone nutrition will be available in a



limited number (approx. 15 pcs/car) also in the referees' and mechanics' cars. If the competitor wants to take the bottle in this way, he must get out of the group to the referee's car and ask for it on the right side of the vehicle, so that he does not needlessly cross in the opposite direction.

Mechanical vehicles

A neutral mechanical vehicle of the Slovak Cycling Association will be present in the convoy on both tracks. You thus have the option of placing marked spare wheels in this car. Let us know your interest during registration at the latest.

However, every competitor should have a spare inertube or sealant with him to solve a possible puncture, so that he is not dependent expressly on mechanical assistance.

3 team mechanical vehicles can go to the NAY GRAN FONDO convoy (132 km). If you are interested in including a mechanical vehicle in the convoy, send us a request by Friday 4 August 2023 at info@granfondobratlava.sk. Mechanical vehicles in the convoy must follow the referees' instructions only! The order of team mechanical vehicles will be determined by the referee. Riders of several teams can agree on a mechanical vehicle. The driver of the mechanical vehicle must come to the discussion with the police and the referees at 9:00 a.m. on the day of the start.

Start number and chip location

The number must be placed on the competitor's back to the right of the center at the level of the jersey pockets. The measuring chip is placed on the left lower leg of the bicycle's rear triangle.

UMIESTNENIE ČIPU NA BICYKEL



DŮLEŽITÉ UPOZORNENIE
rýchlopínaciu pásku
prevliecť podľa vzoru



VOS-TPK

MERANIE A SPRACOVANIE VÝSLEDKOV
ŠPORTOVÝCH PODUJATÍ
www.vos-tpk.sk

Čip je potrebné umiestniť na **zadnú vidlicu**, podľa vzoru na obrázku.

V prípade iného umiestnenia čipu nebudete klasifikovaní.

Nevrátené čipy posielajte na adresu: VOS-TPK, Moravecká 22, 951 93 Topoľčianky

Written protests and comments must be submitted to the race office no later than 15 min. after the announcement of the race results.



ORGANIZATION OF THE EVENT IN THE AREA OF THE CEREMONIAL START IN BORY MALL



Competitors can line up in the starting corridor from 9:30 to 9:50.

Before the start, a free ionic drink will be available for participants at the AONE Nutrition booth. After the race, a recovery drink will be available at the same stand.

At the end of the race, after passing the measured finish, you have to go through the starting corridor again, where each participant will receive a finisher medal. There will be refreshments from partners Pierre Baguette, Budiš, Bažant Radler 0.0% and AONE Nutrition available. When leaving the corridor, it is necessary to return the measuring chip to the organizer.

Storage of bicycles after the race

A guarded area "cycling garage" is reserved for storing the bicycles. You can park your bike based on the starting number.

The bicycle garage is available until the end of the event. Do not leave your bikes in the car unnecessarily after the race. It is an attraction for potential thieves.



HOW TO DRIVE SAFELY IN A GROUP OF CYCLISTS, THE SO-CALLED PELOTON?

With GRUPPETTO - Bratislava Cycling Team it's a piece of cake even for beginners!

If you don't have enough experience riding in a group of cyclists, these basic simple tips will certainly help you.

1. Ride responsibly and concentrate on riding during the race. The responsible thing is not to push ahead if you don't have enough experience. Rather, find a space in the second half of the peloton and maintain a sufficient distance from the others. Drafting in the group also works at more than 1m wheel distance between cyclists. **In the group, you are responsible not only for your own safety but also for the safety of other cyclists.**
2. **Keep enough distance from the rider in front of you.** If your wheels are overlapping, even a small change of direction can cause several cyclists to fall seriously.
3. **Show potholes and bumps in the road, obstacles to go around, change of direction, or if you are going to stand on the pedals.** Do all of this well in advance to give others a chance to respond.
4. In addition to visual signals, you can also use your voice in case if the situation requires it.
5. **Eat and drink while riding only when the road is as smooth and clear as possible.** If you are going to stop at a refreshment station, show the sign about changing the direction of travel well in advance, so that you can safely reach the side of the road and do not endanger someone behind you with such a sudden maneuver.

Riders will be available on the SEGUM MEDIO FONDO track, the so-called **pacemakers, in GRUPPETTO jerseys, who will go at an average speed of approx. 30-32 km/h.** Every cyclist who dares to complete this distance should be able to do this. Do not hesitate to join them and enjoy the ride together.

ANOTHER INFORMATIONS

BICYCLE SERVICE

Experienced mechanics from PRO CYCLING will be available on site if necessary to resolve minor issues before the start. You can find them at their booth. But do not underestimate the preparation and keep the bike in perfect condition. You won't spoil the day for yourself or anyone else :)

PARKING IN BORY MALL

For parking, use the outdoor parking lots, which are free during the day. Underground parking is free for 5 hours.

STORAGE OF PERSONAL EFFECTS

If you are going to come from the area to the start already on your bike, you can use the lockers near the escalators that lead to the underground garage to store your personal belongings.





SECURITY CONTACTS

MEDICAL AMBULANCE SERVICE

The contact for medical personnel during the race is +421 949 212 268.

RACE DIRECTOR AND EMERGENCY CONTACT

Norbert Kirschner +421 915 956 794.

PARTNERS

GENERAL PARTNER



PATRONAGE



MAIN ADVERTISING PARTNERS



DESTINATION PARTNER



CYKLOPARTNER



PARTNERS



MEDIA PARTNERS



ORGANIZERS

CK D3-RACE TEAM Bratislava

